



## COURSE INFORMATION FORM

	Course Information					
Year of Curriculum	Course Title	Code	Semester	L+P Hour	Credits	ECTS
	Video Based Exercise Training	5055003	I-II	3+0	3	7

Language of Instruction	Turkish
Course Level	Postgraduate
Department/Program	Department of Physiotherapy and Rehabilitation / Master's Degree with Thesis
Education Type	Formal
Course Type	Elective
Prerequisites	-
Department/Program Coordinator	Asst. Prof. Çağtay MADEN
Instructors	Asst. Prof. Çağtay MADEN
Assistants	-
Objectives of the Course	It includes video-based exercise approaches used in rehabilitation and the advantages and disadvantages of traditional exercise.
Course Content	Devices used in video-based exercise training - Exergame applications - Disease groups in which video-based exercise training is applied - Investigation of treatment approaches applied with video-based exercise training.
Teaching-Learning Methods and Techniques Used in the Course	Expression Discussion Question & Answer Preparing and / or Presenting a Report Drill & Practice Case Study Problem / Problem Solving Brainstorming
Internship of the Course (If there is)	-

### Learning Outcomes

1. Knows the applications of video-based exercise training.
2. Describe the devices used in video-based exercise training.
3. Examines in which disease groups video-based exercise training is applied.
4. Investigates treatment approaches applied with video-based exercise training.
5. Learn the advantages and disadvantages of video-based exercise training.

COURSE CONTENT	
Week	Topics
1	Introduction to the course
2	What is video-based exercise training?
3	Devices and equipment used in video-based exercise training
4	Examples of video-based exercise training applications
5	The use of video-based exercise training in physiotherapy and rehabilitation
6	The use of video-based exercise training in physiotherapy and rehabilitation
7	The use of video-based exercise training in physiotherapy and rehabilitation
8	Midterm Exam
9	The use of video-based exercise training in physiotherapy and rehabilitation
10	The use of video-based exercise training in physiotherapy and rehabilitation
11	The use of video-based exercise training in physiotherapy and rehabilitation
12	Video-based exercise training for physical activity
13	Advantages and disadvantages of video-based exercise training
14	General Review
15	Final Exam

RECOMMENDED SOURCES		
Course material, Related literature		
ASSESSMENT		
IN-TERM STUDIES	QUANTITY	PERCENTAGE
Mid-terms	1	40
Quizzes		
Homework		
Attendance		
Practice		
Seminar		
Internship of the Course		
Project		
Field Survey		
Workshop		
Laboratory		
Presentation		
Final examination	1	60
<b>Total</b>	2	100
Contribution of Semester Studies to the Success Grade		
Contribution of the Final Exam to the Success Grade		
<b>Total</b>		

ECTS/WORKLOAD TABLE			
Activities	Quantity	Duration (Hour)	Total Workload (Hour)
Course Duration (Including the exam week: 15x Total course hours)	15	3	45
Hours for off-the-classroom study (Pre-study, practice)	15	3	45
Homework	15	3	45

Seminar			
Presentation	14	3	42
Practice			
Laboratory			
Internship of the Course			
Project			
Field Survey			
Workshop			
Others (.....)	1	1	1
Mid-terms	1	1	1
Quizzes	2	1	2
Homework(s)/Seminar(s)			
Final examination	1	1	1
<b>Total Work Load</b>			210
<b>Total Work Load / 30 (h)</b>			210/30
<b>ECTS Credit of the Course</b>			7

#### ASSOCIATING THE LEARNING OUTCOMES OF THE COURSE WITH THE PROGRAM OUTCOMES

Course Learning Outcomes	PO1	PO2	PO3	PO4	PO5	PO6
<b>CLO1</b>	<b>5</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>4</b>
<b>CLO2</b>	5	3	3	3	3	4
<b>CLO3</b>	5	3	3	3	3	4
<b>CLO4</b>	5	3	3	3	3	5
<b>CLO5</b>	5	3	3	3	3	5

**CLO: Course Learning Outcomes PO: Programme Outcomes**

Contribution level	1. Very low	2. Low	3. Medium	4. High	5. Very High
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