	Course Information					
Year of Curriculum	**Course Title**	*Code*	*Semester*	*L+P Hour*	*Credits*	*ECTS*
	Rehabilitation in Technology Addictions	5055002	I-II	3+0	3	7

Language of Instruction	Turkish
Course Level	Postgraduate
Department/Program	Department of Physiotherapy and Rehabilitation / Master's Degree with Thesis
Education Type	Formal
Course Type	Elective
Prerequisites	-
Department/Program Coordinator	Asst. Prof. Çağtay MADEN
Instructors	Asst. Prof. Çağtay MADEN
Assistants	-
Objectives of the Course	It deals with technology addictions and the health problems caused by these addictions and treatment and prevention strategies.
Course Content	Examination of technology addictions - Examination of the factors affecting technology addiction with comprehensive literature, - Physical health problems seen in technology addictions - Investigation of treatment approaches in technology addictions.
Teaching-Learning Methods and Techniques Used in the Course	Expression Discussion Question & Answer Preparing and / or Presenting a Report Drill & Practice Case Study Problem / Problem Solving Brainstorming
Internship of the Course (If there is)	-

Learning Outcomes

1. Technology addictions are defined.
2. Knows the assessment parameters used for addiction in technology addiction.
3. Knows the physical assessment parameters used in technology addictions.
4. Examines the physical health problems seen in technology addictions.
5. Knows prevention and treatment strategies in technology addictions.

COURSE CONTENT	
Week	**Topics**
1	Introduction to the course
2	Definition of technology addiction
3	Type of technology addiction - Smartphone addiction
4	Type of technology addiction - Internet addiction
5	Type of Technology Addiction - Gaming disorder
6	Type of Technology Addiction - Social media addiction
7	Physical health problems seen in technology addiction
8	Midterm Exam
9	Physical health problems seen in technology addiction
10	Physical health problems seen in technology addiction
11	Physical health problems seen in technology addiction
12	Assessment methods used in technology addiction
13	Prevention and treatment strategies for technology addiction
14	General review
15	Final Exam

RECOMMENDED SOURCES		
Course material, Related literature		

ASSESSMENT		
IN-TERM STUDIES	**QUANTITY**	**PERCENTAGE**
Mid-terms	1	40
Quizzes		
Homework		
Attendance		
Practice		
Seminar		
Internship of the Course		
Project		
Field Survey		
Workshop		
Laboratory		
Presentation		
Final examination	1	60
Total	2	100
Contribution of Semester Studies to the Success Grade		
Contribution of the Final Exam to the Success Grade		
Total		

ECTS/WORKLOAD TABLE			
Activities	**Quantity**	**Duration (Hour)**	**Total Workload (Hour)**
Course Duration (Including the exam week: 15x Total course hours)	*15*	*3*	*45*
Hours for off-the-classroom study (Pre-study, practice)	*15*	*3*	*45*

Homework	*15*	*3*	*45*
Seminar			
Presentation	*14*	*3*	*42*
Practice			
Laboratory			
Internship of the Course			
Project			
Field Survey			
Workshop			
Others (……………………………………………………)	*1*	*1*	*1*
Mid-terms	*1*	*1*	*1*
Quizzes	2	1	*2*
Homework(s)/Seminar(s)			
Final examination	*1*	*1*	*1*
Total Work Load			*210*
Total Work Load / 30 (h)			*210/30*
ECTS Credit of the Course			*7*

ASSOCIATING THE LEARNING OUTCOMES OF THE COURSE WITH THE PROGRAM OUTCOMES

Course Learning Outcomes	PO1	PO2	PO3	PO4	PO5	PO6
CLO1	**5**	**4**	**3**	**3**	**3**	**3**
CLO2	5	3	3	3	3	3
CLO3	5	3	3	3	3	4
CLO4	5	4	3	3	3	3
CLO5	5	4	2	4	4	4
CLO: Course Learning Outcomes PO: Programe Outcomes						
Contribution level	1. Very low	2. Low	3. Medium	4. High	5. Very High